

## FURIOUS REST August 2, 2008 By Tom Schroer

Ask 9 out of 10 people how they are doing, and they'll usually respond, "busy." We have work to do, houses to clean, errands to run, kids to haul around, and then we wake up the next day and do it all again. But when it's all said and done do we want "busy" to be the word that characterizes our lives? Wouldn't it be nice to rest? Well, the good news is that God offers us rest and it's available today.

**God's answer to our hurried, busy lives:** \_\_\_\_\_

**Three ways \_\_\_\_\_ is used in scripture:**

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_

"And who were those people who rebelled against God, even though they heard His voice? Weren't they the ones Moses led out of Egypt? And who made God angry for 40 years? Wasn't it the people who sinned, whose bodies fell in the wilderness? And to whom was God speaking when he vowed that they would never enter His place of rest? He was speaking to those who disobeyed him. So we see that they were not allowed to enter His rest because of their unbelief." Hebrews 3:16-19(NLT)

"God's promise of entering his place of rest still stands, so we ought to tremble with fear that some of you might fail to get there." Hebrews 4:1-3(NLT)

**You can have rest with God when you...**

1. Take a rest from your \_\_\_\_\_

"There remains, then, a Sabbath rest for the people of God. For anyone who enters God's rest also rests from his own work, just as God did from His." Hebrews 4:9-10(NIV)

"Keep the Sabbath day holy. Don't pursue your own interests on that day, but enjoy the Sabbath and speak of it with delight as the Lord's holy day. Honor the Lord in everything you do, and don't follow your own desires or talk idly. If you do this, the Lord will be your delight." Isaiah 58:13-14(NLT)

**You can have God's rest when you...**

2. Make every \_\_\_\_\_ to rest

"let us, therefore, make every effort to enter that rest, so that no one will fall by following their own example of disobedience."

Hebrews 4:11(NIV)

"Giving all we have for the sake of God's fame, yet carrying a Sabbath rest with us as we go...Furious rest isn't about doing 'nothing'; it's about doing everything that we do with the quiet confidence that our lives, families, businesses, ministries and relationships are in His hands." —Louie Giglio

"Be still and know that I am God."

Psalm 46:10(NIV)

"The Lord is my shepherd, I shall not be in want. He makes me lie down in green pastures, he leads me beside quiet waters.

He restores my soul."

Psalm 23:1-3(NIV)

"For we have had the gospel preached to us, just as they did; but the message they heard was of no value to them, because those who heard it did not combine it with faith...It still remains that some will enter that rest, and those who formerly had the gospel preached to them did not go in because of their disobedience."

Hebrews 4:2-3,6(NIV)

"Then Jesus said, Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle, and you will find rest for your souls. For my yoke fits perfectly, and the burden I give you is light." Matthew 11:28-29(NLT)