

NORTH HILLS NOTES

“Heartspeak”

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WHAT OUR WORDS SAY

- We assume our words are simply what is spoken to others ;
but what they do most powerfully is speak about us .

“Out of the abundance of the heart (i. e., my heart) the mouth speaks.”
Matthew 12:34 (NRSV)

- The value and significance of our words flows from the grace
we have experienced in our own hearts.
*“The good person brings good things out of a good treasure, and the evil
person brings evil things out of an evil treasure.”* Matthew 12:35 (NRSV)
- No words are insignificant or meaningless; ; our hearts are
speaking all the time.
*“I tell you, on the day of judgment you will have to give an account for every
careless word you utter; for by your words you will be justified, and by your
words you will be condemned.”* Matthew 12:36-37 (NRSV)

“HEARTSPEAK” IS NOT:

“Hardspeak” : “Objective facts” colliding with soft
flesh .

“Hardly speak” : What I avoid saying at all .

“Smartspeak” : Oracles I speak from a a position of
superiority .

“Part speak” : The part of the story that serves me, but
not you .

“Heartspeak” is grace-filled words from the heart that build up and heal what otherwise might be destroyed.

“HEARTSPEAK” IS:

Confessional

“I am content with weaknesses . . . for whenever I am weak, then I am strong.”
II Corinthians 12:10 (NRSV)

Direct

“We have behaved in the world with frankness and godly sincerity.”
II Corinthians 1:12 (NRSV)

Clear

*“We have spoken frankly to you Corinthians; our heart is wide open to you.
There is no restriction in our affections, but only in yours. In return—I speak as
to children—open wide your hearts to us.”* II Corinthians 6:11-12 (NRSV)

Affirming

“Our hope for you is unshaken.” II Corinthians 1:7 (NRSV)

“I often boast about you; I have great pride in you.” II Corinthians 7:4 (NRSV)

Healing

“Everything we do, beloved, is for the sake of building you up.”
II Corinthians 12:19 (NRSV)

“HEARTSPEAK” AND COMMUNITY

With our words we acknowledge that we are all fellow-travelers
_, moving toward what God has envisioned for us:

“All of us . . . are being transformed.” II Corinthians 3:18 (NRSV)